Drivers falling whilst exiting or entering their cabs

WHAT HAPPENED

There have been two recent incidents where drivers have been injured when either entering or exiting lorry cabs.

1. A driver fell while exiting a cab resulting in bruising to their hip and ribs. The injuries have resulted in over 4 weeks lost time.

2. Another driver managed to prevent a fall by holding the handrails when they slipped whilst getting into a cab. They injured their shoulder resulting in 5 lost days

LEARNING POINTS / ACTIONS TAKEN

Drivers are reminded of these simple checks that will help to prevent this type of incident

- Exit the vehicle backwards
- Ensure that footplates are not warn or damaged
- Ensure the soles of footwear are not covered in mud
- Ensure the area inside the cab around the doorway is clear of any obstructions
- Be aware of any debris or potholes in the ground you are about to exit onto

(Safequarry editor's note: although not a factor in these incidents, wear to soles of boots have contributed to a number of driver falls. PPE should be subject to routine inspection and replaced when necessary – Drivers should be encouraged to report damage/wear etc)



Footplate in poor condition



Footplate in good condition

LOCATION:	**TRANSPORT**	**ALERT STATUS:**	**Normal**
ACTIVITY:	**ACCESS & EGRESS & WORKING AT HEIGHT**	**DATE ISSUED:**	**05/04/2019 10:24:11**
SUB ACTIVITY:	**N/A**	**INCIDENT No:**	**01506**