



MPA Midlands Region Health & Safety Awareness Day

15 October 2019, Staffordshire

Book Now and Gain 8 Hours CPD

Download the booking form [here](#).

**JCB Visitor Centre, Rocester, Staffordshire, ST14
5LS and
Kevin Quarry, Ramshorn, Oakamoor, Staffordshire,
ST10 3BX**

Hosted by J C Bamford Excavators Ltd

The day is designed to promote best practice and encourage the whole workforce to be the eyes and ears of fellow workers.



The day will include topics on:

- **Isolation of Energy and Lock-Off** – serious incidents continue to occur, it is not just electrical isolation, but the release of stored energy in conveyors and other equipment.
- **Mental Health** – how to recognise the early warning signs that a colleague is having trouble, learn how to start the conversation and how find professional help.
- **Live First Aid** – action by the first person on the scene is crucial to survival, battlefield techniques are just the job in a remote quarry location.

- **Geotechnical Awareness** – recognising a change on the face since yesterday could be a lifesaver and stockpile slips can engulf a loader if not worked correctly.

- **Workplace RCS** – updates on workplace legislation and developments in personal protection and monitoring.

- **Lifechanging Events** – a death or serious injury to a colleague can have a profound and far reaching personal impact on us all, not to be underestimated.



Members, non-members, contractors, hauliers and all other interested parties are more than welcome to attend.

Price is £100.00 + VAT per delegate. To book contact: jane.blake@mineralproducts.org

Image: Previous Midlands Region 'Health & Safety Awareness

Day'.