


## BEST PRACTICE

**LOCATION:** All sites                                    **ARTICLE YEAR:** 2004  
**ACTIVITY:** Occupational Health                **COMPANY:** Lafarge Aggregates  
**SUB ACTIVITY:** Air and dust                    **COMPANY LOCATION:** Lafarge Contracting, Leicestershire  
**BEST PRACTICE No:** BP205                      **COMPANY TEL:** 0116 230 4041

### TITLE

 Award Winner

### Hand arm vibration CE addressing the risks

#### ARTICLE

When Lafarge Contracting conducted a thorough survey of plant and equipment to identify and categorise the exposure rates, it decided that more needed to be done to raise awareness about CE and hopefully reduce CE hand arm vibration.

The safety department at this Mountsorrel site was set a number of tasks, which it responded to with the following changes:

- L purchasing improved equipment, such as a replacement for the heavy duty breaker and a vibration meter
- L reviewing current work methods and amending to reduce operatives™ exposure to hand arm vibration
- L identifying those in the workforce who may have symptoms of hand arm vibration and carrying out further medical examinations and monitoring with the help of an occupational medical company
- L developing a toolbox talk
- L developing a training package
- L making presentations at national safety days.

#### ARTICLE IMAGES