

BEST PRACTICE

LOCATION:		ARTICLE YEAR:	2009
ACTIVITY:	Occupational Health	COMPANY:	Brett Group
SUB ACTIVITY:	N/A	COMPANY LOCATION:	Robert Brett House, Kent
BEST PRACTICE No:	BP672	COMPANY TEL:	01227 829000

TITLE

Better backs

ARTICLE

Brett recognised that musculoskeletal problems played a significant part in many site injuries and lead to both lost time and RIDDOR injuries.

It was decided that the traditional approach to manual handling training was not working and a radical change was needed.

Many ideas were explored before a physiotherapist was asked to give practical training to Brett staff. Whilst this involved significant cost to the businesses, the benefits were believed to outweigh this.

The training was very well received and the results have been self evident with musculoskeletal injuries now significantly lower than in the past.

Before the training, musculoskeletal injuries were the cause of a quarter of RIDDOR and lost time injuries - this has dropped to six per cent.

ARTICLE IMAGES