

# Do not engage in dirty warfare

*Wash your hands frequently and thoroughly*



*“Handwashing this way reaches the virus that other ways cannot reach”*

## When should I wash my hands?

- When leaving home
- On arrival at work
- When entering and leaving buildings
- After handling any equipment or tools
- After touching surfaces or anything that someone else may have handled before you
- Before and after using changing facilities, toilets, canteens, other welfare facilities
- When you return home

*Wash your hands . . . Maintain social distancing . . .  
Clean your equipment . . . Maintain discipline*