

The 10 rules of engagement



1. Maintain a constant guard
Watch for the symptoms of the COVID-19 virus in yourself and others

2. Keep the home fires burning
Only go to work if you cannot work from home

3. Do not engage in dirty warfare
Wash your hands frequently and thoroughly

4. Keep in formation
Maintain a minimum distance of 2m between you and others if possible. If you need to be closer take steps to mitigate the risks

5. Look after your kit
Do not share personal items and avoid sharing equipment if possible

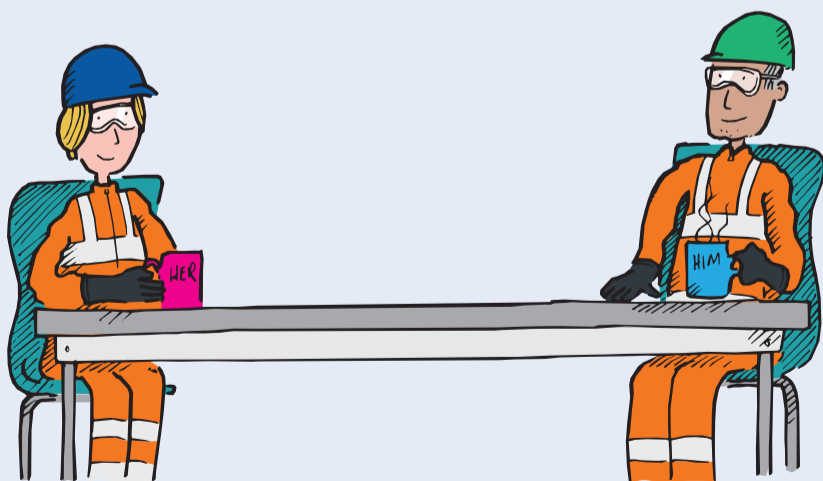
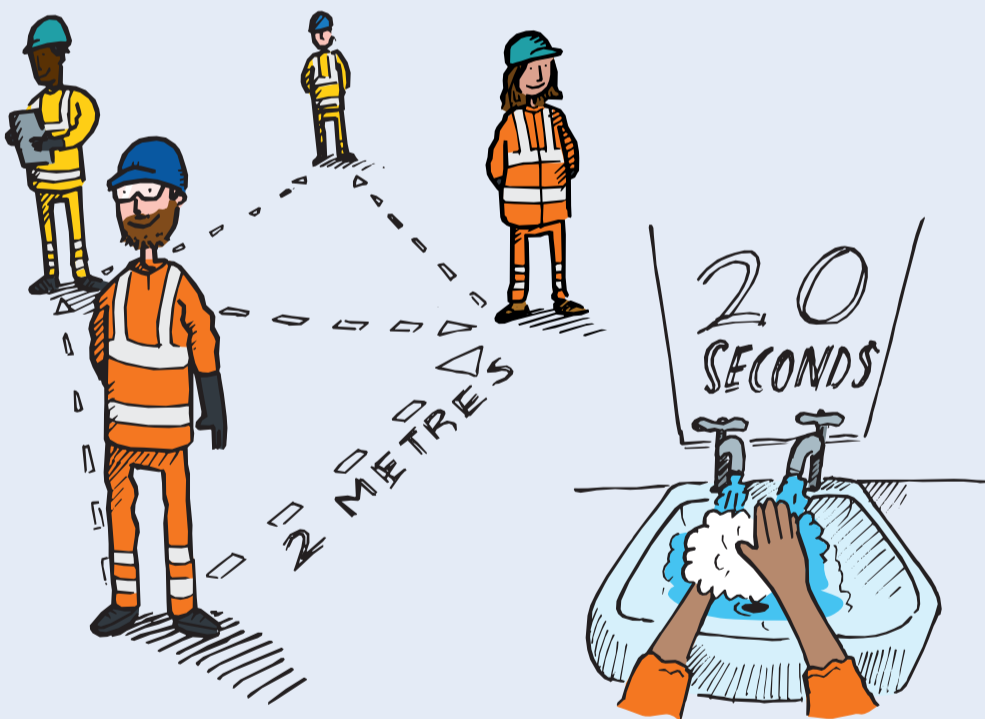
6. Always wear your armour
Use PPE to protect both yourself and others

7. Do not kill a mate with an accidental discharge
Cough or sneeze into a tissue or your elbow and dispose of tissues immediately then wash hands

8. Always keep things spick and span
Carry out regular cleaning and sanitising

9. Never leave a man behind - you're a team
Look after the physical and mental health of every member

10. Maintain good discipline at all times
Do not compromise any existing health and safety controls. If you do not think it is safe – STOP!



*Wash your hands . . . Maintain social distancing . . .
Clean your equipment . . . Maintain discipline*