

# STOP AND THINK TALK

A briefing tool for managers

## Personal Protective Equipment (PPE)

Regulations require PPE; for example, safety helmets, safety footwear, gloves, eye protection and high-visibility clothing, to be supplied and used at work wherever there are risks to workers' health and safety that cannot be adequately controlled in other ways.

The Regulations require PPE to be:

- properly assessed before use to ensure its suitability for the work being done;
- maintained and stored properly;
- provided with adequate instruction on how to use it safely; and
- worn correctly by the user.

## EMPLOYEE SIGHT SAVED BY SAFETY GOGGLES

An operator was exposed to a flash fire when a LPG cylinder fell resulting in the fracture of a fitting between the regulator and hose causing a leaking gas flame.

The operator attempted to turn-off the LPG and sustained burns to his face, neck and arms requiring immediate treatment at a nearby hospital. The Eye Protection worn by the employee prevented his eyes from being damaged as can be seen from the picture below where you can see the area of his face that was protected.



## DRIVER SUFFERED CEMENT BURNS

A truckmixer driver slipped and stepped backwards into slurry and as a result, his trousers and boots became soaked in concrete. The driver had no clean trousers to change in to so he cleaned off his trousers and boots as best he could. On arriving home the driver's legs became sore and after seeking medical advice he was informed that he had sustained cement burns.

This incident emphasises the need to wear overalls and have spare clothing available.



Example of cement burns to hands/wrists

## HIT BY FORKLIFT – NOT WEARING HIGH VISIBILITY CLOTHING

A contracted haulier was struck by a reversing fork-lift truck after leaving the cab of his vehicle. The result of this collision was that the driver sustained significant leg injuries and had subsequent surgery to pin lower leg and ankle fractures.

The main causes were the operator of the fork-lift not seeing the driver whilst reversing and the driver NOT wearing hi-visibility garments (PPE).



# STOP AND THINK TALK

## Personal Protective Equipment (PPE)

### Preparation

This stop and think talk can be used individually or with a group employees or contractors. It may be beneficial to have samples of the various PPE to hand to show what is required and the standard expected in terms of condition (cleanliness, compatibility etc.) Participants should receive a copy of the talk for their CPD files as well as signing the training declaration.

### Introduction (After discussing the case studies)

Personal Protective Equipment is a last line of defence but is essential in the building materials industry due to the nature of hazards encountered. PPE has three roles, it helps prevent incidents, such as wearing high visibility clothing, helps reduce the potential for injury when an incident occurs, such as safety helmet protection from falling objects and safeguards health, as in the case of respiratory protection i.e. dust masks. Improvements in the type of PPE worn and changes to the company policy have in recent years prevented the injured parties in incidents from sustaining far worse injuries than would have been the case previously. For example replacing Rigger type boots with lace up safety boots reduced ankle/leg injuries by 64%, mandatory eye protection resulted in a 75% reduction in eye injuries. There are a number of people who have these policies to thank for being able to walk unaided and for still having their sight.

### THE TALK

Use the Questions below to open the discussion under each heading and then go through the lists explaining in detail each hazard/control and what is expected.

#### What is PPE

**Question 1 – What is the definition of PPE?**

All equipment which is intended to be worn or held by a person to protect against one, or more, risks to health and safety

This includes clothing which affords protection against the weather

#### Employer Responsibilities

**Question 2 – What are the Employers responsibilities?**

PPE must:

- Be appropriate for the risks involved & conditions at the place of exposure
- Take account of ergonomic requirements & state of health of wearers
- Be capable of fitting wearer correctly
- Be effective in preventing or controlling the risks
- Comply with any EC requirements

#### Employee Responsibilities

**Question 3 – What are your responsibilities?**

- To co-operate with the Employer
- To wear PPE in designated areas
- To report defects and request replacement PPE as necessary
- To use the PPE correctly
- To correctly store and maintain the PPE
- To report loss or obvious defects in the PPE to employer

#### Effective PPE

**Question 4 – What are the key points in making sure PPE is effective?**

- Correct specification and size
- Suitable storage facilities
- Equipment is maintained and replaced as necessary
- Regular inspection
- That it is worn correctly

#### Types of PPE

**Question 5 – What protective equipment do you use? Can you identify other PPE besides the common items listed?**

- Helmet
- Laced up ankle boots
- Hi visibility clothing
- Safety glasses
- Gloves for manual work
- Hearing protection for work in noisy environments
- Dust masks

This might be an opportunity to review PPE participants have with them to highlight if any needs replacing. This talk could be done in conjunction with a periodic inspection of PPE.

#### AND FINALLY . . .

1. Clarify any points as required.
2. Ask if there are any other safety related issues that should be discussed.
3. Get everyone to sign the training declaration.
4. Thank everyone for their participation.

